

Emergency Preparedness

Disasters can happen at anytime and anywhere. They come in many forms from a storm, earthquake, flood, tornado or fire to a train derailment or hazardous material spill. Such a disaster could cause water, electricity and telephones to be out of service for days. Evacuation may even be necessary.

In the event of a disaster, it could take hours or even days before local officials or relief workers can get to you. Each individual and their family should be able to be self reliant for at least 72 hours in a disaster. The best way to ease your mind is to plan ahead.

Prepare a 72 hour kit that consist of six basic needs, water, food, first aid supplies, clothing and bedding, tools and special needs. Keep these supplies in an easy to carry bucket, backpack or duffle bag in an easily accessible area.

Water - At least 1 gallon per person per day stored in plastic containers.

Food – Non perishable food that takes no preparation or water, Mess kit with a can opener and sterno.

First Aid - Assorted sterile adhesive bandages, safety pins, antibacterial soap, antibacterial healing cream, latex gloves, sunscreen, sterile gauze, thermometer, tweezers, scissors, needle, aspirin and non-aspirin pain reliever, anti-diarrhea medication, antacid, syrup of Ipecac, activated charcoal.

Tools – Flash light, cell phone, weather radio, two-way radios, extra batteries, gas and water shut off tools, whistle, duct tape, pencil and paper (if you must leave your home write a note to let a someone know, where you are going), friends and family members names and phone numbers, emergency phone numbers (police, fire department, doctor.) map of area, vehicle and cash. You may want to store a large gas can filled for your vehicle.

Bedding / Clothing – blanket and pillow, layered clothing.

Special Needs – eye glasses, prescription medication, baby formula, diapers, dog food.

